

# N<sup>↑</sup>OMHO

National Association of Manufactured Home Owners

## THE MONTHLY **ADVISOR**

Insider Information Delivered When You Need It

*Hello  
April!*

Spring is a great time to make sure your new manufactured home is clean, sanitized and not housing any extra residents - like germs and viruses! Regularly deep cleaning is critical when it comes to your family's health and safety.

Here are some great tips on cleaning and sanitizing your home to protect you and your family.

How to Disinfect Every  
Room in Your House



How to Sanitize Laundry  
to Keep Germs Away



## Easy Ways to Improve Indoor Air Quality:

1. **Keep your home clean.** A clean house is a healthy house, because good indoor hygiene can greatly reduce dust and animal dander.
2. **Change your filters.** If you have forced-air, be sure to change the filters regularly. This keeps dust and other irritants from being recirculated throughout your home.
3. **Invest in an air purifier.** These devices, particularly ionic purifiers, can help capture some of the irritants in the air. This is especially useful for people with allergies.
4. **Let fresh air in.** Even in cold months, open the windows from time to time to allow fresh air to move into the house and potential air contaminants out.

*Courtesy of health.harvard.edu*